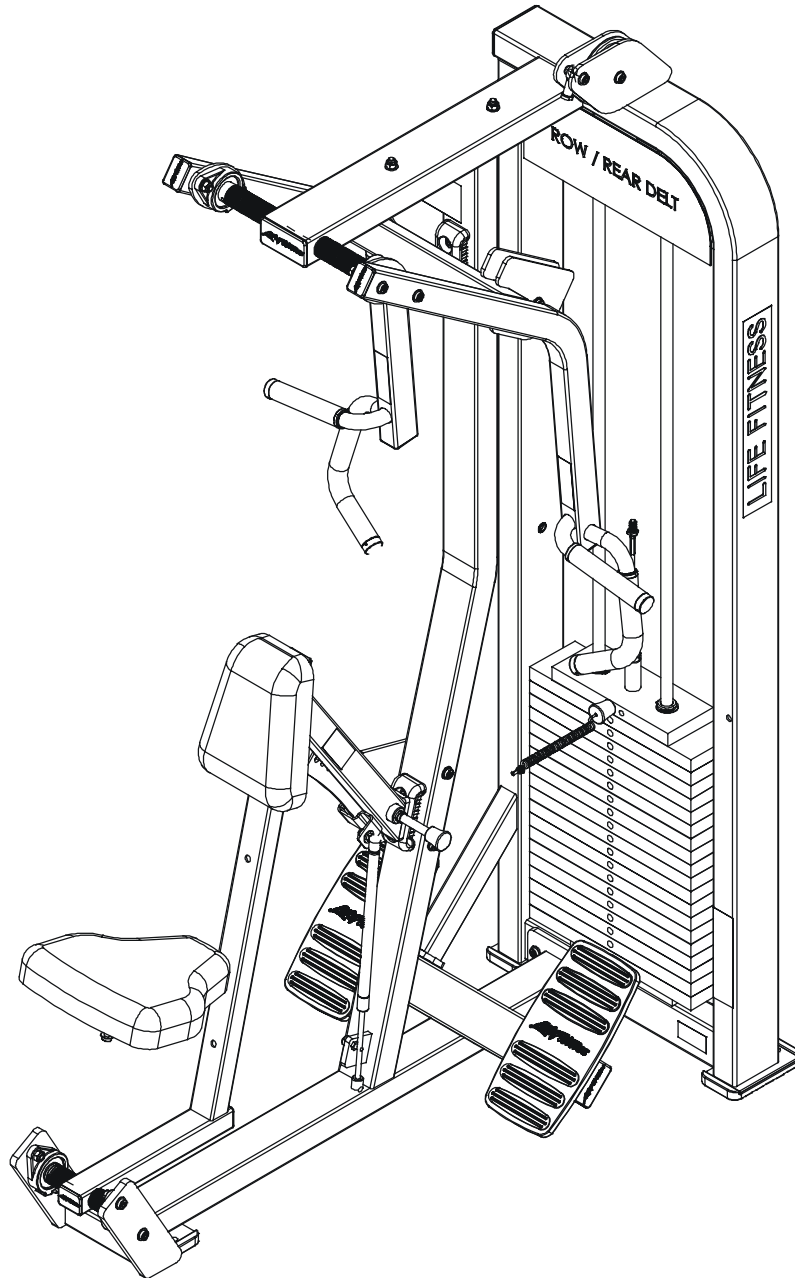


Life Fitness

PRO SERIES II PSRWSE SEATED ROW



Customer Support Services ***PARTS MANUAL***

PSRWSE SEATED ROW

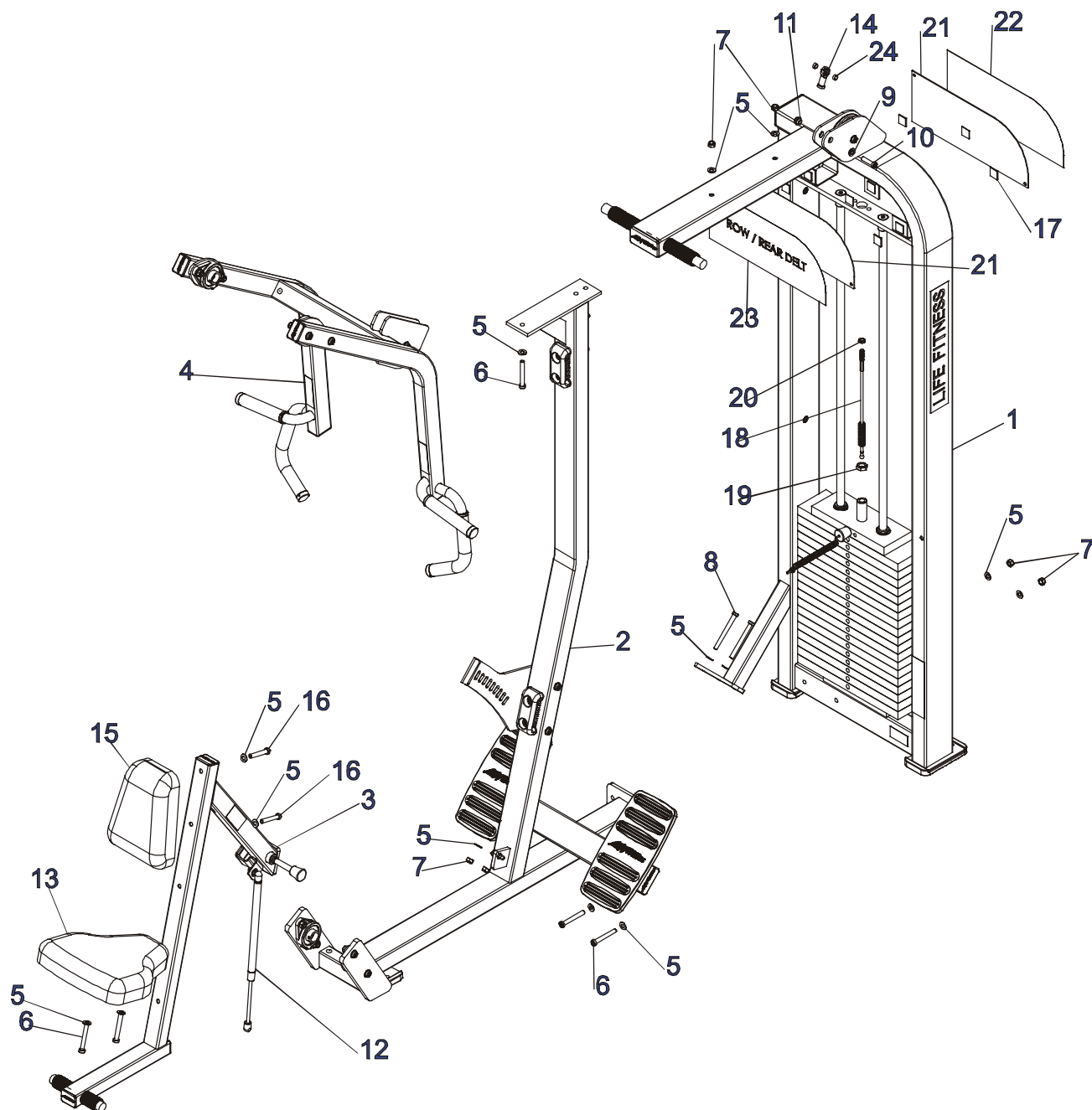
Notes:

PSRWSE SEATED ROW
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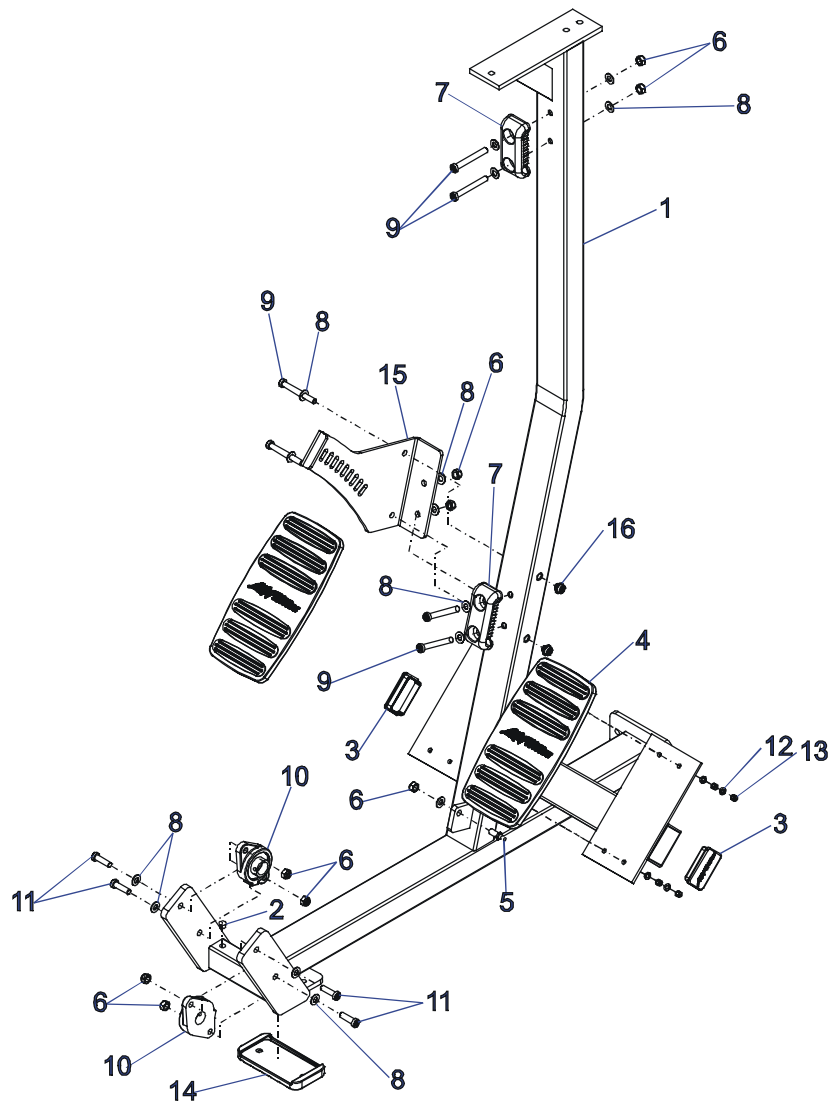
COMPONENT ASSEMBLY



| ITEM NO. | QTY. | PART NO. | DESCRIPTION | ITEM NO. | QTY. | PART NO. | DESCRIPTION |
|----------|------|----------|----------------------------|----------|------|----------|----------------------------|
| 1 | 1 | RMA | ASSY. PSRW STACK FRAME | 13 | 1 | 7351901 | PAD, SADDLE |
| 2 | 1 | 7418801 | ASSY. PSRW MAIN FRAME | 14 | 1 | 3237901 | ROD END, METRIC FEMALE |
| 3 | 1 | 7418901 | ASSY. PSRW SEAT FRAME | 15 | 1 | 7399401 | PAD, CHEST 10 X 7-5/8 |
| 4 | 1 | 7419001 | ASSY. PSRW WORKARM | 16 | 2 | 3236209 | SCREW, M10 X1.5 60MM |
| 5 | 16 | 3236601 | WASHER, 3/8 SAE SS | 17 | 12 | 7544201 | PAD, DUAL LOC 400, 1" X 1" |
| 6 | 6 | 3236212 | SCREW, M10 X1.5 75MM | 18 | 1 | 7423609 | CABLE, PSRW |
| 7 | 6 | 3236801 | NUT, M10 HEX NYLOCK SS | 19 | 1 | 3236902 | NUT, M16 X 2 HEX JAM SS |
| 8 | 2 | 3236217 | SCREW, M10 X1.5 100MM | 20 | 1 | 3236901 | NUT, M10 X 1.5 JAM |
| 9 | 1 | 7348101 | WASHER, SPACER | 21 | 2 | 7353201 | COVER, STACK STD |
| 10 | 1 | 3236205 | SCREW, M10 X1.5 40MM | 22 | 1 | 7490801 | LABEL, PRO2 LOGO LEFT |
| 11 | 1 | 7335401 | NUT, M10 X 1.5 SOCKET HEAD | 23 | 1 | 7489501 | LABEL, PSRW PLACARD |
| 12 | 1 | 3235702 | SPRING, GAS 100N | 24 | 2 | 7489402 | BSHNG, .500 OD X .402 ID |

PSRWSE SEATED ROW

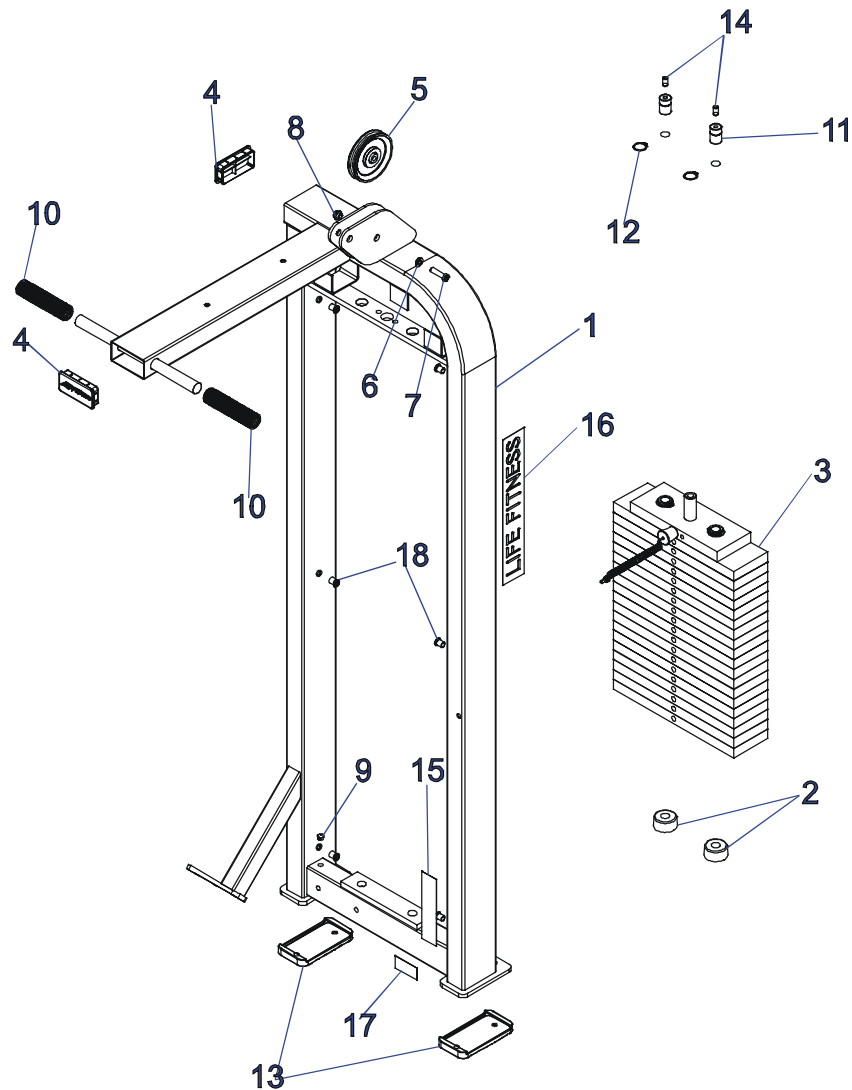
MAIN FRAME ASSEMBLY



| ITEM NO. | QTY. | PART NO. | DESCRIPTION |
|----------|------|----------|--------------------------------|
| 1 | 1 | 7416301 | WLDMT, PSRW MAIN FRAME |
| 2 | 2 | 3237401 | PLUG, 7/16" HOLE |
| 3 | 2 | 7352301 | CAP, END 2 X 3 |
| 4 | 2 | 7424101 | FOOTPLATE, PRO2 |
| 5 | 1 | 7414301 | STUD, M10 BALL END M10 X 1.5 |
| 6 | 9 | 3236801 | NUT, M10 HEX NYLOCK SS |
| 7 | 2 | 7352001 | BUMPER, 2-1/8 X 4-5/8 |
| 8 | 15 | 3236601 | WASHER, 3/8 SAE SS |
| 9 | 6 | 3236213 | SCREW, M10 X1.5 80MM |
| 10 | 2 | 3237701 | ASSY, PILLOW BLOCK 4.88 X 2.75 |
| 11 | 4 | 3236204 | SCREW, M10 X1.5 35MM |
| 12 | 8 | 3241801 | WASHER, FLAT 6MM SS |
| 13 | 8 | 3236802 | NUT, M6 HEX NYLOCK SS |
| 14 | 1 | 7388201 | Footpad, PS Rubber |
| 15 | 1 | 7418601 | BRKT, PSRW SEAT ADJ |
| 16 | 2 | 7335401 | NUT, M10 X 1.5 SOCKET HEAD |

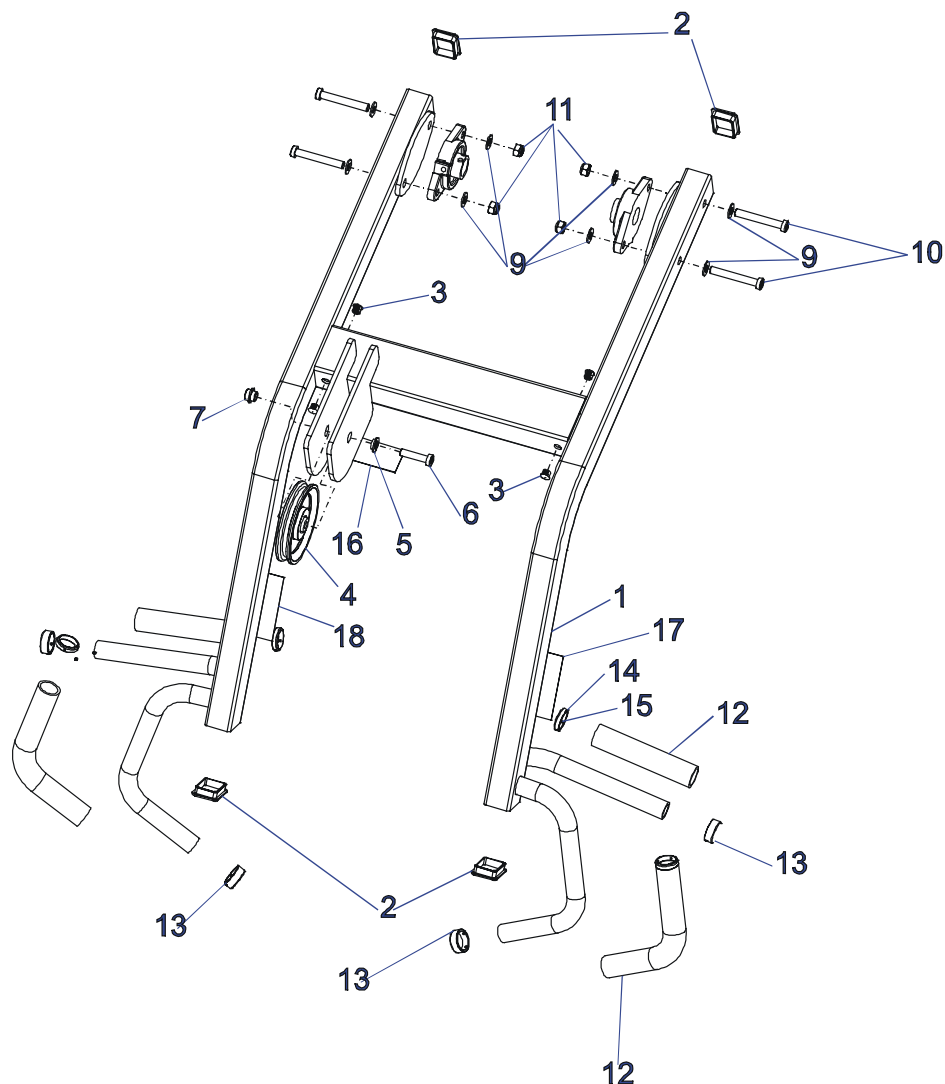
PSRWSE SEATED ROW

STACK FRAME ASSEMBLY



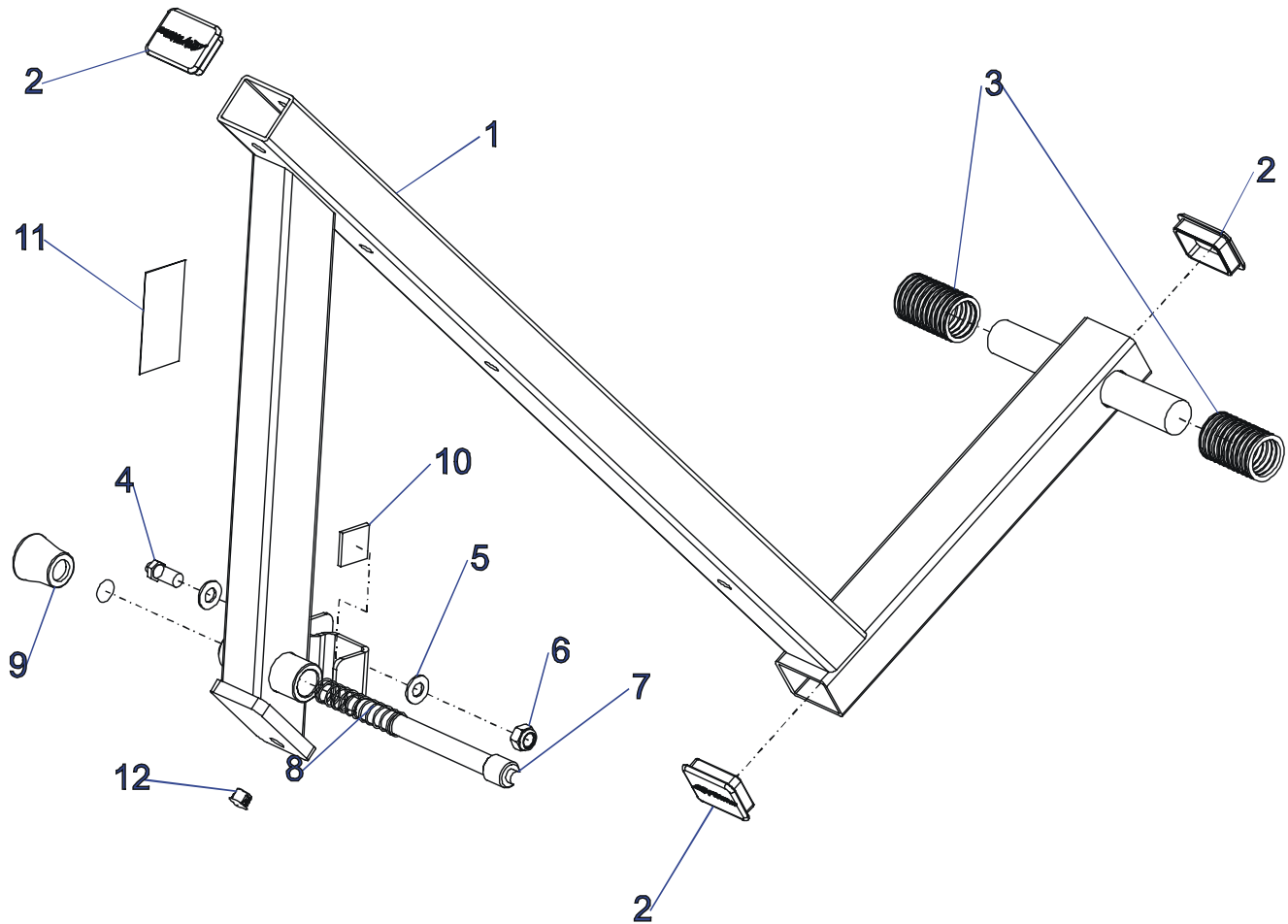
| ITEM NO. | QTY. | PART NO. | DESCRIPTION |
|----------|------|----------|----------------------------------|
| 1 | 1 | 7415501 | WLDMT, PSRW STACK FRAME |
| 2 | 2 | 7352101 | CUSHION, WEIGHT STACK |
| 3 | 1 | 7353501 | ASSY, 300LB STACK |
| 4 | 2 | 7352401 | CAP, END 2 X 4 |
| 5 | 1 | 3237801 | PULLEY, 4.5" OD |
| 6 | 1 | 7348101 | WASHER, SPACER |
| 7 | 1 | 3236205 | SCREW, M10 X1.5 40MM |
| 8 | 1 | 7335401 | NUT, M10 X 1.5 SOCKET HEAD |
| 9 | 2 | 3237401 | PLUG, 7/16" HOLE |
| 10 | 2 | 6912805 | SLEEVE, ACCRDN 1.0 ID |
| 11 | 2 | 7402301 | RETAINER, GUIDEROD |
| 12 | 2 | 3232421 | RING, BRE .940, 5100-100 ST PP B |
| 13 | 2 | 7388201 | Footpad, PS Rubber |
| 14 | 2 | 3240501 | M10 X 1.5 HXS NO CUP ST BO |
| 15 | 1 | 7422004 | LABEL, 2" ASTM WARN |
| 16 | 1 | 7348001 | LABEL, LIFE FITNESS LOGO |
| 17 | 1 | 7422007 | LABEL, SERIAL NO |
| 18 | 6 | 3238101 | NUT, BLIND INSERT M10 X 1.5 |

PSRWSE SEATED ROW WORK ARM ASSEMBLY



| ITEM NO. | QTY. | PART NO. | DESCRIPTION |
|----------|------|----------|--------------------------------|
| 1 | 1 | 7417901 | WLDMT, PSRW MOVEMENT ARM |
| 2 | 4 | 7352201 | CAP, END 1-1/2 X 2 |
| 3 | 4 | 3237401 | PLUG, 7/16" HOLE |
| 4 | 1 | 3237801 | PULLEY, 4.5" OD |
| 5 | 1 | 7348101 | WASHER, SPACER |
| 6 | 1 | 3236205 | SCREW, M10 X1.5 40MM |
| 7 | 1 | 7335401 | NUT, M10 X 1.5 SOCKET HEAD |
| 8 | 2 | 3237701 | ASSY, PILLOW BLOCK 4.88 X 2.75 |
| 9 | 8 | 3236601 | WASHER, 3/8 SAE SS |
| 10 | 4 | 3236211 | SCREW, M10 X1.5 70MM |
| 11 | 4 | 3236801 | NUT, M10 HEX NYLOCK SS |
| 12 | 4 | 3235801 | GRIP, 1.25 OD OPEN END |
| 13 | 4 | 7306901 | CAP, GRIP 1.25 OD |
| 14 | 4 | 7315601 | RING, GRIP 1.25 OD |
| 15 | 16 | 3237201 | M3 X .5 HXS NO CUP ST BO |
| 16 | 1 | 7422003 | LABEL, MOVING PARTS |
| 17 | 1 | 7489701 | LABEL, PSRW HANDLE LFT |
| 18 | 1 | 7489601 | LABEL, PSRW HANDLE RHT |

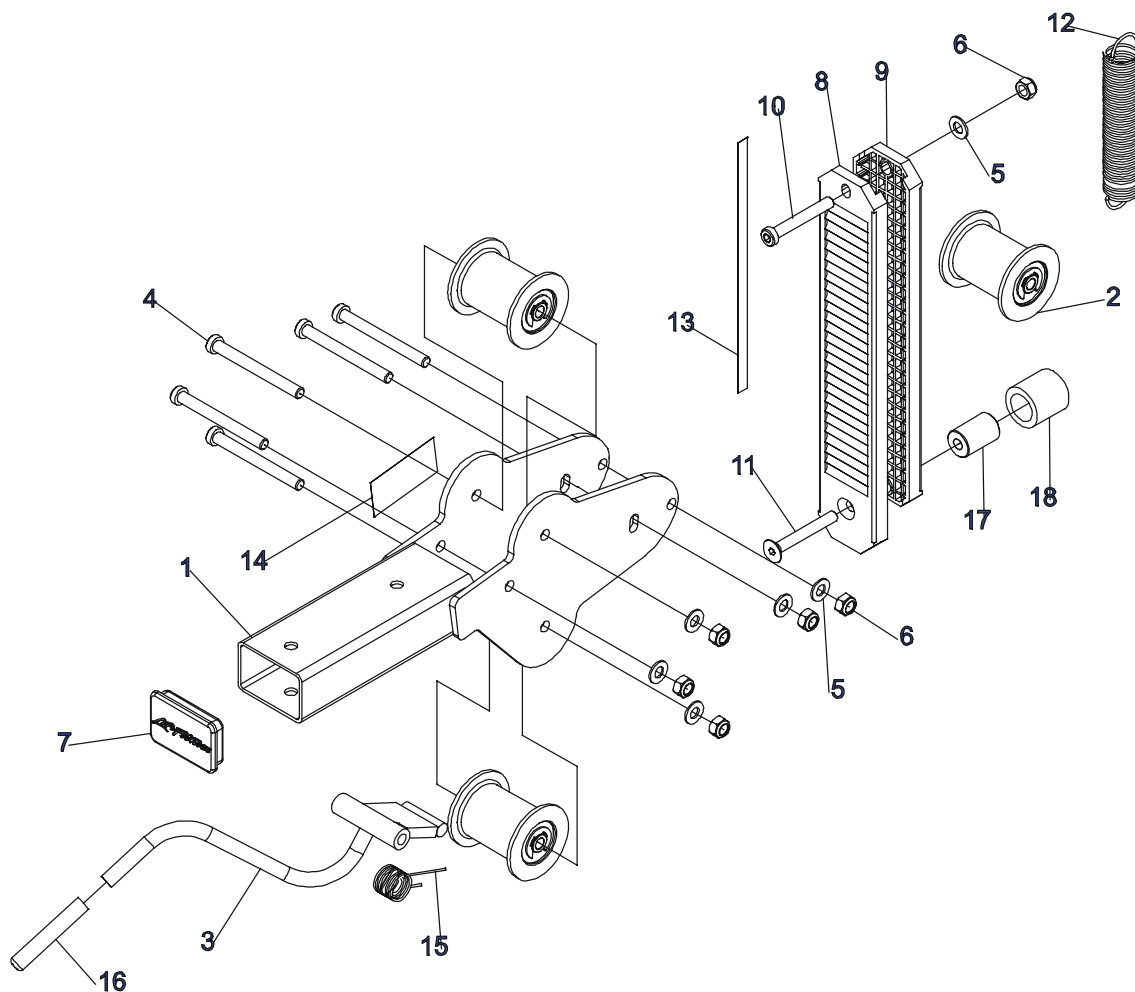
PSRWSE SEATED ROW SEAT FRAME ASSEMBLY



| ITEM NO. | QTY. | PART NO. | DESCRIPTION |
|----------|------|----------|------------------------------|
| 1 | 1 | 7417201 | WLDMT, PSRW SEAT FRAME |
| 2 | 3 | 7352201 | CAP, END 1-1/2 X 2 |
| 3 | 2 | 6912804 | SLEEVE, ACCRDN 1.0 ID |
| 4 | 1 | 7414301 | STUD, M10 BALL END M10 X 1.5 |
| 5 | 2 | 3236601 | WASHER, 3/8 SAE SS |
| 6 | 1 | 3236801 | NUT, M10 HEX NYLOCK SS |
| 7 | 1 | 7425102 | PIN, PULL |
| 8 | 1 | 7351501 | SPRING; PULL PIN LARGE |
| 9 | 1 | 7351401 | KNOB, TULIP STYLE |
| 10 | 1 | 6140701 | GLIDE 1 X 1 |
| 11 | 1 | 7422001 | LABEL, SEAT INST |
| 12 | 1 | 3237402 | PLUG, HOLE |

PSRWSE SEATED ROW

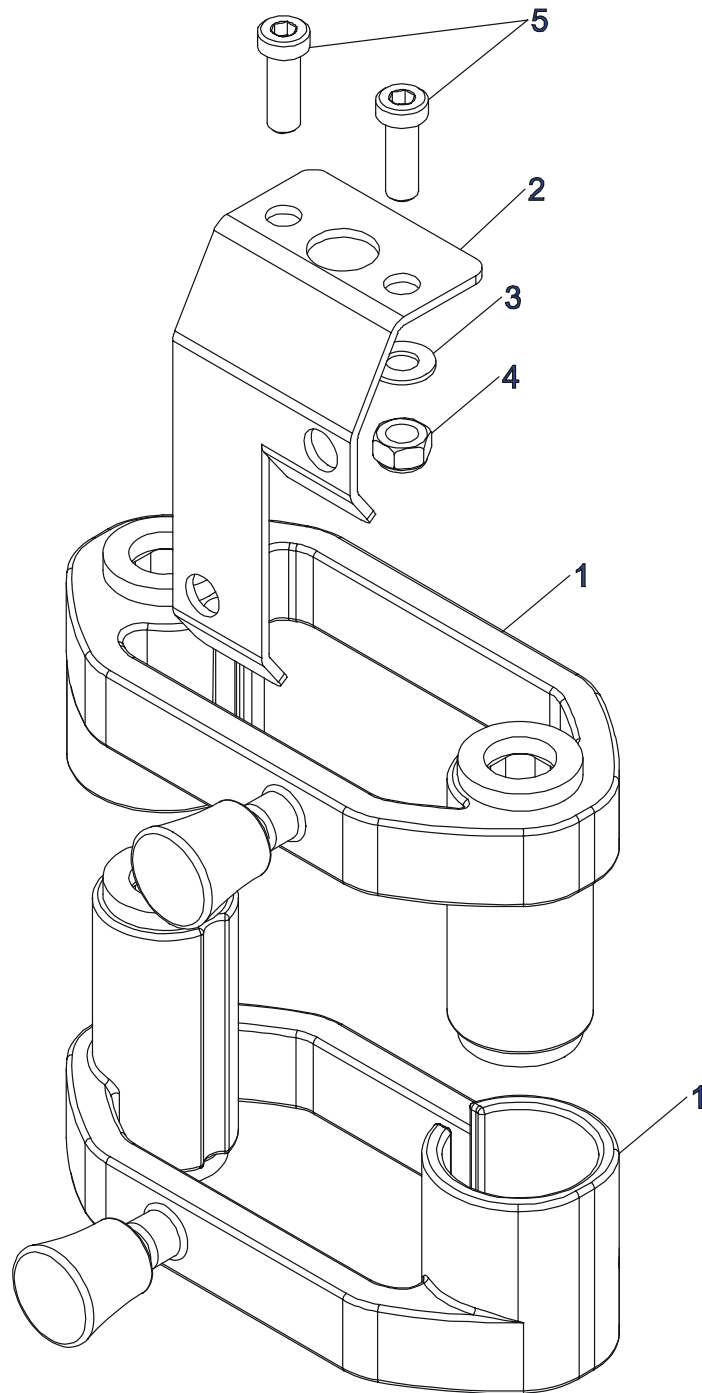
90 DEGREE ROLLER SEAT ASSY



| ITEM NO. | QTY. | PART NO. | DESCRIPTION |
|----------|------|----------|--------------------------------|
| 1 | 1 | 7396801 | Wldmnt, 90 Deg Roller Seat |
| 2 | 3 | 7564201 | ASSY, SEAT ROLLER |
| 3 | 1 | 7387595 | Weldmnt, PS-Roller Seat Handle |
| 4 | 5 | 3236217 | SCREW, M10 X1.5 100MM |
| 5 | 6 | 3236601 | WASHER, 3/8 SAE SS |
| 6 | 6 | 3236801 | NUT, M10 HEX NYLOCK SS |
| 7 | 1 | 7352301 | CAP, END 2 X 3 |
| 8 | 1 | 7564301 | SEATRACK, ROLLER SERRATED |
| 9 | 1 | 7564401 | SEATRACK, FLAT |
| 10 | 1 | 3236211 | SCREW, M10 X1.5 70MM |
| 11 | 1 | 3238312 | M10x1.5x75mm |
| 12 | 1 | 7442601 | SPRING, PRO2 ROLLER SEAT |
| 13 | 1 | 7422002 | LABEL, SEAT ADJUST |
| 14 | 1 | 7422001 | LABEL, SEAT INST |
| 15 | 1 | 7442701 | SPRNG, PRO2 HANDLE TORSION |
| 16 | 1 | 3238502 | CAP, 1/2 X 5/8 |
| 17 | 1 | 7570601 | STOP, ROLLER SEAT |
| 18 | 1 | 3235802 | GRIP, SHADOW GRAY, 1.5" |

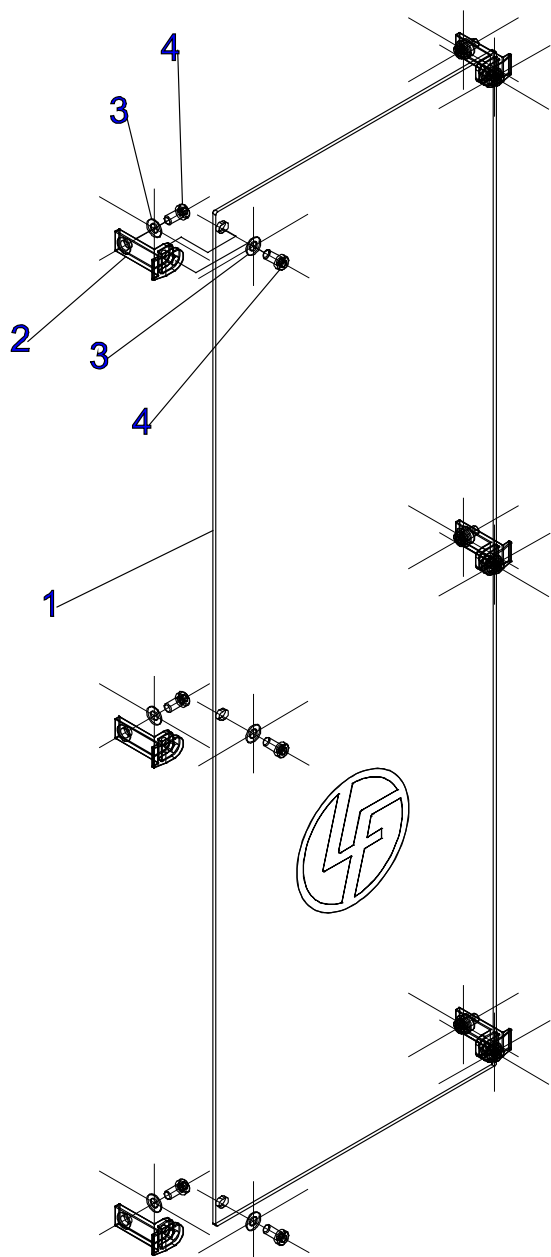
PSRWSE SEATED ROW

INCREMENT WEIGHT W/STRIKER



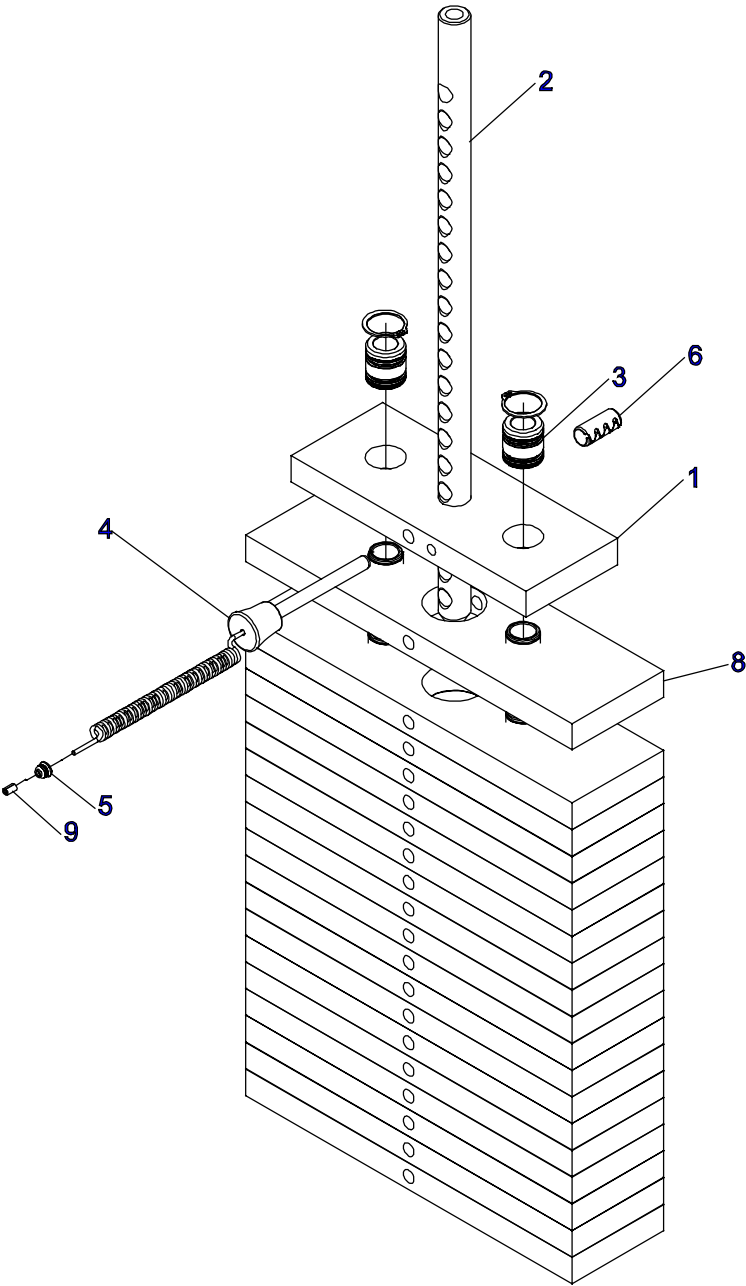
| ITEM NO. | QTY. | PART NO. | DESCRIPTION |
|----------|------|----------|----------------------------|
| 1 | 2 | 7446501 | ASSY, 5LB INCREMENT WEIGHT |
| 2 | 1 | 7447101 | PLATE, INCR. WT STRIKER |
| 3 | 2 | 3236601 | WASHER, 3/8 SAE SS |
| 4 | 2 | 3236801 | NUT, M10 HEX NYLOCK SS |
| 5 | 2 | 3236203 | SCREW, M10 X1.5 30MM |

PSRWSE SEATED ROW
SHROUD KIT STD-TALL



| ITEM NO. | QTY. | PART NO. | DESCRIPTION |
|----------|------|----------|----------------------|
| 1 | 1 | 7376806 | SHIELD, PS REAR |
| 2 | 6 | 7655301 | BRACKET, PS REAR |
| 3 | 12 | 3236601 | SHIELD |
| 4 | 12 | 3236201 | SCREW, M10 X1.5 20MM |

PSRWSE SEATED ROW
WEIGHT STACK ASSY 300LB



| ITEM NO | QTY | PART NO. | DESCRIPTION |
|---------|-----|----------|--------------------------|
| 1 | 1 | 7353901 | HEADPLATE, WT. STACK |
| 2 | 1 | 7356600 | STEM, PRO2 19 HOLE |
| 3 | 2 | 7338001 | BUSHING, HEADPLATE |
| 4 | 1 | 7353001 | ASSY, SELECTOR PIN |
| 5 | 1 | 7356501 | PLUG, LANYARD ATTACHMENT |
| 6 | 1 | 3236001 | BUSHING, SPRING PIN |
| 8 | 19 | 7353801 | ASSY, 15 LB PLATE |
| 9 | 1 | 7523601 | CRIMP, CABLE |